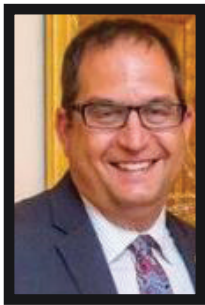




TEAM Safe Trucking UPDATE

August 2020
Issue 24

Working to Train New & Existing Forestry Transportation Drivers



President's Message

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All,

Fall is upon us, and that usually means more kids and school buses on the road. With the unpredictability of COVID, and how it is spreading, we need to recognize that the decision to return to the classroom will be decided on the local level. This can change from county to county. So as professionals we need to be on the lookout for kids and school buses. We also need to realize that stress and uncertainty, for both children and parents, may create more hazardous situations for us on the road and within our workweek.

Please remember that parents can be a little extra emotional during the latter part of August and the beginning of September as their kids head off to school. We must watch out for that wayward parent, as well as the children, that may not know where they are going.

Remind yourself daily as you hit the road, as professionals it is our responsibility to know where the school zones are, and anticipate the existence of some of these potential hazards.

As the school year sets in motion plan your trips accordingly keeping these things in mind.

Defensive driving is no accident!!!! It is thought out and deliberate.

Richard W. Schwab

TEAM Safe Trucking's Virtual Semi-annual Meeting! **Wednesday, September 23**

Register now for The TEAM Safe Trucking's Virtual Fall Semi-Annual Meeting on September 23, 2020! This year's Semi-Annual Meeting will be all about moving TEAM Safe Trucking forward by focusing on filling TEAM Safe Trucking Committee positions. Please join our winning team by participating on one of our committees. Are you passionate about Forestry Transportation? Well, we hope to see you on September 23rd! Please join our Zoom Meeting <https://us02web.zoom.us/j/84565346388?pwd=c2ZwWlI4SjRkVGd5Mi8vZjhRUi9Ldz09> Meeting ID: 845 6534 6388 Passcode: 876514 For more information regarding committees contact Miranda at Miranda.gowell@teamsafetrucking.com or 207-841-0250.

Help Wanted! Please volunteer to serve on the Research, Awareness, Education & Programming Committee, Fundraising Committee, Nominating Committee, Communications Committee, or Insurance Committee!

BRAKE FOR BRAKE INSPECTIONS!

In honor of Brake Safety Week TST would like to remind our professional drivers to check your brakes. Conducting proper brake inspections is key to keeping you and those around you as safe as possible. You can refer to either of our Driver Refresher Training Courses, “D.O.T. Inspections” or “How to Survive a D.O.T. Audit” in order to refresh your memory. The forestry transportation industry keeps the wood moving and moving it safely is something all professional drivers should strive to do. Check those brakes!!

SAFETY STAR



Do you have a Safety Star in your midst? We would love to honor them via our TST Newsletter to recognize how they set a good example for others, by putting safety first! To nominate a Safety Star, email Wendy Farrand at wendyfarrand@gmail.com with a little explanation of why you are nominating that individual.

MILL GENERAL SAFETY COURSE

TEAM Safe Trucking is set to release it's newest driver Refresher Training Course in September. The Mill General Safety Course gives a comprehensive overview of the general rules all professional drivers should know when delivering at the mill.

The training stresses that first time drivers should report to the scale house to inform the attendant that they are new and inquire about rules and regulations specific to that particular mill.

It covers a wide variety of safety rules from proper, safe conduct at gates and scale houses, to safety requirements when using a chip dump or trailer tipper. There is also a section on emergency and accident procedures. This course gives the driver an overall understanding of the general universal rules required to navigate the mill grounds safely. The driver also learns to respect each individual mill's specific safety procedures and rules.

Watch for this course in September, it is sure to be a popular addition to TEAM Safe Truckings roster of Driver Refresher Training Courses!



SPONSORSHIP OPPORTUNITIES

Sponsorships are what keeps TEAM Safe Trucking moving forward. Whether you become a sponsor, or know a great potential sponsor, we need everyone to help! Here is a list of the various ways to support TEAM Safe Trucking in 2020!

Become...

- » An Educational Sponsor for the Driver Refresher Training Program with multiple supporting fee levels available
- » A State Sponsor for the State of Tennessee for the Entry Level Driver Theory Training Program ~ \$3,400.00
- » A supporter of the development of a new training course. Each course costs \$2,500 to create. There are 17 new courses being developed this year in both ELDT Theory, Driver Refresher & Behind the Wheel Provider Training
- » A sponsor for the development of a new Public Safety Announcement for TV and Social Media distribution. ~ \$2000.00
- » A supporter in a marketing program for the Entry Level Driver Theory Training Program budgeted at \$50,000.00 for 2020

Miranda's ELDT Training Update



Greetings!

Do you have what it takes to become a Forestry Transportation CDL Instructor? If you do, then do you know what it takes to become a CDL Instructor in your state? We need partners in all 50 states to become Behind the Wheel CDL Instructors to help train new drivers for the Forestry Transportation Industry. TEAM Safe Trucking is committed to providing a solution to meet FMCSA Entry Level Driver Training Regulations which will become effective in 2022. Here are links to state CDL Instructor requirements just copy and paste:

MAINE

<https://www.maine.gov/sos/bmv/driverridereducation/deinstructlic.html>

MICHIGAN

https://www.michigan.gov/sos/0,4670,7-127-5647_12539-180137--,00.html

NORTH CAROLINA

<https://www.ncdot.gov/dmv/license-id/driver-licenses/commercial/Pages/commercial-driver-forms.aspx>

LOUISIANA

<https://expresslane.dps.louisiana.gov/CDLForms/HOW%20TO%20APPLY%20TO%20BECOME%20A%20LICENSED%20DRIVING%20SCHOOL.pdf>

VERMONT

<https://dmv.vermont.gov/enforcement-and-safety/driver-training-instructors/cdl-instructor-qualifications>
You can also find additional information on the Federal Motor Carrier Safety Administration website.

TEAM Safe Trucking has developed courses to meet the Entry Level Driver Theory training requirements for the Forestry Transportation Industry, yet this is only half of the Entry Level Driver Training regulation requirement. Team Safe Trucking is developing courses in the Fall of 2020 to assist the Forestry Transportation Industry with taking on the second portion of training which includes training those interested in becoming Behind the Wheel training providers and trainers. We need to keep seeing clearly through this economic crisis, plan and prepare for the future. If you are interested in assisting with this goal in 2020, please reach out to me via email, Miranda.gowell@teamsafetrucking.com or by texting or calling my mobile number 207-841-0250.

Florida: Rayonier has contributed \$2,250 towards an Entry Level Driver Training Sponsorship for the State of Florida. Team Safe Trucking is still looking for a sponsor for the remaining \$1,500 funds for the Florida Entry Level Driver Theory training sponsorship.

Thank you to all who are helping us fulfill our commitment, and to others willing to step up to the plate. We are all in this together, and that is a good feeling, for we are only as strong as our weakest link. The entire forest products supply chain will be strengthened by the additional drivers we are producing together!

Sincerely,
Miranda Gowell



Our Valued TST Educational Sponsors

Alabama Loggers Council, Allstate Land and Timber, American Loggers' Council, Anderson Logging, Arkansas Paper, Arkansas timber Producers, Bates Hewett Floyd Insurance, BB Forest Products, Beasley Forest Products, Beech Island timber and Construction, BITCO, Brandt Ryan Insurance, Carolina Loggers' Association, Coastal Pines, Columbia Forest Products, Cunningham Wood Products, Cushman 238 West Inc., Charles A. Wright Logging, Everest Insurance, Forest Resources Consultants, Forest Resources Association, Forest Industry Safety Training Alliance, Forest Insurance Center Agency, FMIC Insurance Agency, Florida SFI, Gaines and Critzer LTD Insurance Agency, Greenbay Packaging, Guffin and Eleam Inc, GG Logging, Hancock forest Management, Huber Engineered Woods, Idaho Forest Group, International Paper, John Golly Inc., L.D. Long Inc., Ledkins Insurance Agency, Longleaf Forestry Insurance, Louisiana Loggers Council, Louisiana Pacific, Michigan ELDT, Michigan Association of Timbermen, Maple Hardwoods, MA Ragoni Inc., McGill Brothers, Midstream Timber Solutions, Mississippi Logger Association, Mississippi ELDT, MW Collins Inc., NATP, Norboard Nacogdoches Mill, Norboard Jefferson Mill, Parnell Inc., Rayonier, South Carolina Timber Producers Association, Southeastern Technical College, South Georgia Tech, Stoutamire & Pavlik Associates, Texas Forestry Association, Tri-state Timber Company, Trowel Insurance Agency, Texas Logging Council, Walsh Timber Company, Ward Timber, Weyerhaeuser, Woodson Inc.

Learning Management System

TST is Your Solution to Training During COVID-19

Is your organization looking for a solution to make your specific training courses available to members, employees, contract haulers or others? Become a TEAM Safe Trucking Sponsor! You will be provided with an on-line learning management system to upload courses for your own individual organization or business training purposes. Sponsors also receive access to TST's Driver Refresher Training Courses.

Sponsors can create on-line learning for all types of forest certification schemes such as FSC, SFI, SIC, Master Logger, or Pro-logger Programs. This is a substantial savings over acquiring an individual learning platform in order to issue continuing education units, or other types of certifications.

Team Safe Trucking utilizes the TalentLMS learning management system to release Team Safe Trucking courses. The TalentLMS system allows participants to complete training on-line by using the TalentLMS app on smart devices. Team Safe Trucking Sponsors are provided with a website address that leads users to sponsors courses as well as Team Safe Trucking Driver Refresher Training courses.

Users create an account on-line at the sponsors website, then can download the app and enter the teamsafe domain name and are able to access courses on their smart devices. Sponsors are provided with Administrator, Instructor and Learner roles to manage users, course assignments, course completions and print reports. Each sponsor is provided with a group key that enables users to release their training records to other Team Safe Trucking Sponsors. The user can go on-line to teamsafetrucking.com,

- click the on-line training red button
- create an account
- click join group
- enter the sponsors group key

This allows training records to be shared with insurance companies, mills, logger associations, certificate programs like SIC in Florida. When a course has been completed on-line, or on a smart device, a certificate of completion is emailed to the user, or the user can choose to download the certificate at the completion of the course. Team Safe Trucking is proud of its ability to assist the Forest Products industry during this unprecedented time where classroom trainings are not an option due to the COVID-19 pandemic. If you have more questions about making your training programs available to users on-line, or through smart devices, contact Miranda Gowell at Team Safe Trucking via email at Miranda.gowell@teamsafetrucking.com or by phone at 207-841-0250.

DRIVER REFRESHER TRAINING COURSES 2020 RELEASE SCHEDULE FOR EDUCATIONAL SPONSORS

January - Alcohol & Drugs Part 1
 February - Mill Safety Challenges
 March - Entering & Exiting
 April - COVID-19/Driver Selection
 May - Woods' Roads
 June - How to Survive a D.O.T. Audit
 July - Loading & Unloading

August - Multi-contractor & Liability
 September - Mill General Safety
 October - Alcohol & Drugs Part 2
 November - Accountability
 December - Fall Prevention

Your Health Matters!



Stress & the Professional Driver The Four A's of Managing Stress

The Four A's of stress management can serve as a reminder that you can have control over lowering your stress level.

- Avoid
- Alter
- Accept
- Adapt

Stop and think about these four words when you recognize that you are dealing with increased levels of stress in your life. It seems everyone right now is experiencing additional stress, so know that you are not alone.

AVOID

You are in control of your surroundings, so by planning ahead, for traffic, stops, routes that are less stressful, you can be proactive when dealing with stress. Learn to say "no" when something is just too much to

take on. When possible, avoid things and people that raise your stress level.

ALTER

You are in charge, you can alter your surroundings, or change situations for the better to reduce your stress level. It's okay to ask others to change their behavior as long as you do it in a respectful manner. Don't be afraid to communicate how you are feeling. Make sure to use the word "I" when stating your frustration. This is a way to communicate without attacking. Don't hesitate to share your personal limits. Managing your time more efficiently will always work to reduce the stress in your life.

ACCEPT

"It is what it is," a statement that's being used a lot lately. This is a way of acknowledging that there are things that just cannot be changed. Accepting things the way they are, and then striving to improve on the situation is a strong approach to

managing stress. Forgiving others, and learning from our mistakes can strengthen our own character, as well as help others. Find someone you can share your concerns with and remember be good to yourself.

ADAPT

The ability to adapt is key to dealing with stress. Adjust your standards. When you adjust what you expect, you are less likely to be disappointed, thus reducing the stress in your life. When you re-frame an issue and look at it from a new perspective, things can also seem better. It's helpful to look at the "big picture" and recognize how some issues have little impact in the grand scheme of things. Adopting the attitude that you will make lemonade out of lemons can reduce your stress and create a more carefree attitude. Stress is unavoidable, but utilizing the Four A's can help you be in control of reducing the amount of stress that you actually need to allow into your life!

+ COVID-19 REMINDERS

1

Open Communication

No matter what the issue, now, more than ever, managers, staff and drivers need to freely communicate.

2

Protect overworked drivers

Your drivers may be heroes, but they're not superhuman and should be protected from exhaustion.

3

Plan ahead

Careful advance planning needs to account for everything from closed rest stops to sanitizing trucks.

4

Leverage technology

While the challenge is there, so is help in the form of technologies ranging from telematics to collision avoidance.

5

Try to limit the spread

Fleet managers have extra responsibility to provide their staff and drivers with the info and equipment needed to keep them safe.

MANAGING
FLEET
SAFETY
DURING
COVID
TIMES